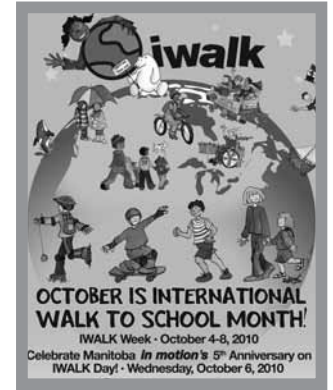


# OCTOBER 2010 IS INTERNATIONAL WALK TO SCHOOL MONTH



## Dear Homeroom Teacher:

International Walk to School Month is the month when children, parents and schools take part in a worldwide event to celebrate their environment, their health, and the many benefits of walking! Last year, over 118 Manitoba schools, along with parents and community members representing over 35 000 Manitobans participated in International Walk to School Month, and this year promises to be even bigger!

Walk to School Month encourages physical fitness and personal safety. It is a chance to celebrate our environment and clean air, to share walking safety skills with children, to bring safety to our neighbourhoods and reduce crime, to address traffic congestion, pollution and speed around schools, and to spend valuable time with one another. All great reasons to get involved!

To help make this year's Walk to School Month a success, please take a moment to count the number of students that arrived at school by their own steam (i.e.: walking, scootering, cycling, in-line skating, etc...) and keep track on the table below. At the end of October the school coordinator will pick up your sheets and pass on the information to the local organizer, Green Action Centre, for entry in the contest to win some great prizes!

School: \_\_\_\_\_ Teacher: \_\_\_\_\_



| Monday              | Tuesday | Wednesday | Thursday | Friday |
|---------------------|---------|-----------|----------|--------|
| <b>October 2010</b> |         |           |          | 1      |
| 4                   | 5       | 6         | 7        | 8      |
| 11                  | 12      | 13        | 14       | 15     |
| 18                  | 19      | 20        | 21       | 22     |
| 25                  | 26      | 27        | 28       | 29     |

