

# Create your #LetGrowMoment!

Let Grow projects to do alone or with a friend



Ready to do something on your own? Good for you! Look at the Projects below, circle a few that you might want to do – and feel *ready* to do – that you just haven't done yet. Then, choose one!

Some things that are easy for you will be harder for other kids, and some things that are hard for you are easy for them. So there are no "right" or "wrong" choices. Just talk with your mom, dad, or caregiver about what you think would be a fun, exciting thing for you to try. Once you've done something, keep doing it and look for a new Project to try next.

Keep on growing! Each time you do something for the first time, that's a **#LetGrowMoment!**

**Climb a tree**  
 Walk the dog  
 Go to a play or concert  
 Create a garden  
 Clean a room other than your own  
 Pack your own lunch  
 Organize a game outside  
 Make breakfast  
 Explore the woods  
 Do your own laundry  
**Join a club or activity that is new to you**  
 Build a treehouse  
 Spend some time at the library  
 Teach yourself to skateboard  
 Take a public bus, train or ferry ride by yourself  
 Do the family grocery shopping  
 Complete a science experiment on your own  
 Interview someone that you look up to  
 Wash the car  
 Go to the mall / shopping with friends  
 Get yourself up and ready for school  
 Build something out of junk outside  
 Buy something at a store or restaurant  
**Weed the lawn / garden**  
 Walk around taking pictures  
 Organize a family outing  
 Make a picnic  
 Write a thank-you note and deliver it  
 Write and mail a letter  
**Trick or treat with friends**

- Organize a sleepover
- Teach an outdoor game to a friend
- Plan a visit to a friend's home and get yourself there
- Buy a surprise for your parent at a store
- Walk to school
- Feed and clean up after family pet
- Ask for help or directions**
- Lock up the house for the night
- Run an errand for your family
- Cut your own meat
- Organize your closet and donate things you no longer wear to charity
- Bike / walk to/from town/school/library
- Go get pizza or ice cream
- Build and light your family's campfire
- Visit a relative
- Go visit a friend and then go together to find another friend
- Pet-sit
- Wash, dry and fold the family laundry
- Assemble items with a screwdriver
- Take care of your grandparents
- Camp out in the backyard
- Make dinner
- Sit with someone new at lunch
- Go off with a friend at a theme park or festival. Meet back at the agreed-upon time
- Learn to sew or knit**
- Go fishing
- Learn CPR / First Aid
- Make Jell-O
- Build something you can use
- Make a lemonade stand for charity
- Start saving / spending your own money
- Get the ingredients for a cake and make it
- Practice your instrument on the street. Put out a hat for tips!
- Make a haunted house
- Open your own bank account
- Paint a room
- Ride your bike anywhere in the neighborhood
- Wander through a museum
- Start a club
- Play night tag
- Fix a bike tire with a tire repair kit
- Go to the community pool
- Tutor another kid in something**
- Make your own appointment for something (haircut, orthodontist)
- Take the subway / train
- Try whittling (carving a stick with a knife)
- Mow a neighbor's lawn
- Get to an after school activity on your own
- Pick up your sibling from an activity
- Attend a PTA meeting to make suggestions for your school
- Fill a car with gas
- Mow your lawn**
- Barbecue something
- Babysit, or take a babysitting class
- Go to lunch or dinner with a friend
- Climb a tree (higher than ever before!)**
- Ask neighbors to do "odd-jobs" for pay (weeding, snow shoveling)
- Learn to use a hammer / saw and then make something
- Wander around downtown