

6.9 CURRICULUM INTEGRATION – GRADE 8

PHYSICAL EDUCATION

Movement

- S.1.8.C.1 Apply functional use of selected activity-specific skills (e.g., care and carrying of equipment, compass and map reading, star turn, snow plough) in alternative pursuits (e.g., orienteering, hiking, skiing).

Fitness Management

- S.2.8.A.3b Chart own fitness results (e.g., using information technology) throughout the year to determine effects of activity participation and/or specific training on personal progress.

Safety

- K.3.8.A.5b Determine safe areas and opportunities for cycling and/or other similar activities in the community (e.g., in-line skating, skateboarding, walking).
- K.3.8.B.1 Evaluate the effectiveness of laws and policies that promote personal and community safety (e.g., driving age, drinking/driving, boating, domestic violence, vandalism, shaken baby syndrome).

Healthy Lifestyle Practices

- K.5.8.B.2 Investigate different ways to increase physical activity in daily living as it relates to sustainable development (e.g., using stairs, cycling/ walking to school to help the environment and to contribute to the health of society).