

COVID COMMUTING

CARPOOLING

See who's on your route!

What's a Carpool Bubble?

We know **carpooling** is a way to save money and reduce emissions. While we learn to live with the Covid virus, creating a Carpool Bubble is a great option that provides participants with more control over their risk exposure.

What are the risks?

The small, confined space of a vehicle increases the risk of transmission. Carpoolers should have a discussion around risk mitigation before beginning or resuming a carpool. We recommend all involved in a carpool be vaccinated with current boosters. Masks also reduce transmission of COVID-19 and other viruses, so an agreement should be reached on whether the carpool should require everyone to wear masks. Open, honest communication ahead of time will avoid misunderstandings and ensure everyone is comfortable.

Why consider Carpooling?

If you must commute and are nervous about public transportation (or public transit isn't an option), Carpooling within a "bubble" might be an option for you. Traveling with the same people ensures:

- easier contact tracing;
- fewer potential contacts; and
- communicating expectations to reduce the risk of transmission.

Carpool Risk Reduction

- All riders are up-to-date on vaccination boosters
- All riders wear a medical-grade mask
- Ventilate with open windows, not the vehicle fans (fresh air vs. recirculated air)
- Open the window opposite you, not beside, to draw air away
- Wipe down touch points regularly



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Resources

<https://www.transportation.ucla.edu/blog/5-tips-keeping-carpools-safe>
<https://ncceh.ca/content/blog/carpooling-precautions-during-covid-19>