

# COVID COMMUTING

## CARPOOL BUBBLES

*"Honey, your carpool bubble is here!"*

### What are they?

We know carpooling is a way to save money and reduce emissions. During the pandemic, a Carpool Bubble requires participants to follow public health guidelines and reduce their household contacts to ensure the carpool is as safe as possible.

### What are the risks?

The small, confined space of a vehicle increases the risk of transmission. During the pandemic, those who do not have to travel in a shared vehicle with members outside of their household should avoid carpooling.

### Why consider a Carpool Bubble?

If you must commute and are nervous about public transportation (or public transit isn't an option), a Carpool Bubble might be an option for you. Traveling with the same people ensures:

- easier contact tracing;
- fewer potential contacts; and
- communicating expectations to reduce the risk of transmission.

### Carpool Bubble Risk Reduction

- All riders wear a mask at all times (no eating or drinking!)
- Sanitize your hands upon vehicle entry and exit. Wash your hands with soap and water when it is available
- Space out in the car (example: driver with passenger in the back passenger seat)
- Ventilate with open windows, not the vehicle fans (fresh air vs. recirculated air)
  - Open the window opposite you, not beside, to draw air away
- Wipe down touch points regularly
- Riders place their personal belongings in the trunk
- Carpool with the same people consistently (Bubble!) and have as few people as possible in the vehicle.



# GO MANITOBA

#### Resources

[www.firstforwomen.com/posts/health/how-to-safely-share-a-car-during-covid](http://www.firstforwomen.com/posts/health/how-to-safely-share-a-car-during-covid)  
[www.discoveries.childrenshospital.org/carpooling-covid-19/](http://www.discoveries.childrenshospital.org/carpooling-covid-19/)  
[www.insidehook.com/article/vehicles/coronavirus-bring-back-70s-heyday-carpooling](http://www.insidehook.com/article/vehicles/coronavirus-bring-back-70s-heyday-carpooling)