



Name _____

My Let Grow Project

THINK OF A PROJECT

How do you decide what to do? Some things that are easy for you are hard for other kids, and some things that are hard for you are easy for them. So there are no right or wrong choices. Jot down some ideas here!

SHARE WITH OTHERS

Talk about your ideas with your parents or caregiver. Ask them to tell you what kinds of things they did when they were your age. Then decide together what projects you will do to let you practice some independence.

CHOOSE YOUR FAVORITES

Use this space to write down your top three project ideas. Then pick one to complete!

1.

2.

3.

Once you complete one
Let Grow Project, look for a new one to try.

KEEP ON GROWING!

LET GROW Project IDEAS

Do one,
do them all,
GROW



SPEND TIME WITH ANIMALS

Walk the dog.
Create a stuffed animal safari.
Feed the birds.



GO OUTSIDE

Climb a tree.
Ride your bike.
Play in your backyard.



GET GROWING

Plant flowers good for butterflies
Grow something you can eat.
Create a container or fairy garden.



HELP OUT AROUND THE HOUSE

Do your laundry.
Clean your room.
Fix something that is broken.



HEAD TO THE KITCHEN

Bake cookies or a cake.
Make dinner for your family.
Invent a new recipe.



EXPLORE YOUR NEIGHBORHOOD

Go on a contact-free scavenger hunt.
Create chalk art on neighbors' sidewalks.
Organize a 6-feet apart walking parade.



LOVE YOUR PLANET

Pick up garbage outside.
Donate something you don't use.
Make a piece of "trash art"



HELP OTHERS

Babysit a sibling.
Help a neighbor with an outdoor chore.
Teach someone younger how to do something.



HAVE FUN WITH FRIENDS

Host a virtual get-together.
Create an online challenge or activity.
Start your own online club.



BUILD & CREATE

Build something you can use.
Make art outside.
Sew something.



INCREASE YOUR RESPONSIBILITY

Take over a daily or weekly chore.
Create a daily activity schedule.
Plan and prepare a weekly meal.



CHALLENGE YOURSELF

Paint a room.
Build a fort.
Camp out in the backyard.

Create a Classroom Tree

DATE:

NAME:

WHAT did you do for your LET GROW Project?

HOW did it go?

WHAT did you like BEST about it?

Create a Classroom Tree

DATE: _____

NAME: _____

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WHAT did you do for your LET GROW Project? _____