

# Create your #LetGrowMoment!

Let Grow projects to do alone or with a friend



Ready to do something on your own? Good for you! Look at the Projects below, circle a few that you might want to do – and feel *ready* to do – that you just haven't done yet. Then, choose one!

The Projects go from easier to harder – sort of. But some things that are easy for you will be harder for other kids, and some things that are hard for you are easy for them. So there are no "right" or "wrong" choices. Just talk with your mom, dad, or caregiver about what you think would be a fun, exciting thing for you to try. Once you've done something, keep doing it and look for a new Project to try next.

Keep on growing! Each time you do something for the first time, that's a **#LetGrowMoment!**

Projects listed on a grid with faint # symbols in the background:

- Climb a tree
- Walk the dog
- Play in the yard
- Scooter on the sidewalk
- Pack your lunch
- Plant some flowers or vegetables
- Make breakfast
- Visit a neighbor
- Wait at the bus stop
- Do something with your brother or sister outside
- Play in the rain
- Make a sandwich
- Make a fort outside
- Spend some time at the library
- Teach yourself to skateboard
- Get yourself ready for school
- Collect cans / bottles in the neighborhood for recycling
- Run into a store to buy something while your parent waits in the car
- Practice free throws
- Light the candles on a birthday cake
- Host a sleepover
- Build something out of junk outside
- Play at the park
- Buy something at a store or restaurant
- Write and mail a letter
- Weed the lawn / garden
- Walk around taking pictures
- Make up an outdoor game
- Make a picnic
- Trick or treat with friends
- Write a thank-you note and deliver it

Attend a sleepover

Teach an outdoor game to a friend

Plan a visit to a friend's home and get yourself there

Buy a surprise for your parent at a store

Walk to school

Skateboard

**Ask for directions**

Use a sharp knife

Lock up the house for the night

Run an errand for your family

Go get pizza

Learn to ride a bike

Ride your bike to a friend's house

Go get ice cream

Build and light your family's campfire

Visit a relative

Go visit a friend and then go together to find another friend

Pet-sit

Make dinner

Wash, dry and fold the family laundry

Go Pokemon hunting

Assemble items with a screwdriver

Join the Boy or Girl Scouts

Camp out in the backyard

Go off with a friend at a theme park or festival. Meet back at the agreed-upon time

**Ride a local bus**

Go fishing

Bake cookies or a cake

Make Jell-O

**Assemble your own kite and fly it**

Go to the movies

Build something you can use

Make a lemonade stand

Swim in water over your head (with an adult watching)

Explore the woods

Get the ingredients for a cake and make it

Practice your instrument on the street. Put out a hat for tips!

Make a haunted house

Bake cookies after buying the ingredients at a store

Fix a bike tire with a tire repair kit

Ride your bike anywhere in the neighborhood

Wander through a museum

Start a club

Make your own appointment for something (haircut, orthodontist)

Take the subway

Go to the community pool

**Tutor another kid in something**

Try whittling (carving a stick with a knife)

Mow a neighbor's lawn

Get to an after school activity on your own

Pick up your sibling from an activity

Go to a play or concert

Wander around downtown

Go Geocaching

Ask neighbors to do "odd-jobs" for pay (weeding, snow shoveling)

Learn to use a hammer / saw and then make something

Barbecue something

Babysit

Go to dinner with a friend

**Climb a tree (higher this time!)**