

## The 19 Guidelines on one page

- Guideline 1. In transport and land-use planning, the needs of children and youth should receive as much priority as the needs of people of other ages and the requirements of business.
- Guideline 2. Within each municipality, designate a staff member or council member, or both, as responsible for bringing the perspectives of young people to consideration of transport and land-use planning issues.
- Guideline 3. As may be appropriate, establish or adapt one or more forums for children and youth to ensure that their perspectives are considered by land-use and transport planners.
- Guideline 4. Identify where children and youth want to go or need to go and, to the extent possible, provide ways of getting there by foot.
- Guideline 5. Assess pedestrian routes used or to be used by children and youth to ensure that they are as safe and suitable for them as possible.
- Guideline 6. Separate sidewalks used by children and youth from heavily travelled roads.
- Guideline 7. Ensure that sidewalks are always cleared of ice and snow.
- Guideline 8. For older children and youth, ensure that destinations that cannot be a walk away are no more than a bicycle ride away.
- Guideline 9. For destinations to be reached by bicycle, provide separate bicycle paths or trails or, if not possible, install bicycle lanes on regular roads.
- Guideline 10. Ensure that bicycle riders are well provided for at intersections and have sufficient priority for forward movement.
- Guideline 11. At destinations, provide secure, convenient bicycle parking.
- Guideline 12. Ensure that every part of a transit system is safe and welcoming to young people, and affordable.
- Guideline 13. Avoid transfers by routing vehicles where children and youth want to and need to go; make transfers easy where necessary.
- Guideline 14. Examine every aspect of a transit system from the perspective of a parent with a child in a stroller, and make adjustments to meet such a traveller's needs.
- Guideline 15. Help ensure that school policies and practices favour walking, cycling, and other modes of active transport for trips to and from school, and also regular public transport where this is available and appropriate.
- Guideline 16. For younger children, help arrange walking school buses and other means of supervision.
- Guideline 17. Where destinations cannot be reached by foot, bicycle or transit, arrange land uses so that in-car time is reduced.
- Guideline 18. Post and enforce much lower speed limits, particularly in urban areas.
- Guideline 19. Do what is possible to reduce amounts of motorized traffic generally and reduce its adverse impacts.